



CNC eNews

WELCOME TO THE CARDIOVASCULAR NURSING E-NEWS



OUR NURSES. OUR FUTURE.

International Council of Nurses

International Nurses Day
12 May 2023

Happy International Nurses Day! As we reflect on how our professional and personal lives are still being impacted and changed due to the pandemic, you can be proud in the knowledge that you have done your utmost in an important role. Your contribution in keeping our communities healthy, safe, strong, supported and cared for has been wonderful. Thank you.

Welcome to our first Cardiovascular Nurse e-News for 2023.

As Chair of the CSANZ Cardiovascular Nursing Council, I am delighted to share news about recent and upcoming events to get involved in.

Firstly, the **CSANZ NZ ASM** is to be held at the AOTEA Centre in Auckland, from 24 - 26 June 2023 - read more about their program below.

Excited to announce there's a new format for this year's **CSANZ CVN Symposium**, to be held in the afternoon of **Thursday 3 August**, prior to the **CSANZ Annual Scientific Meeting** in Adelaide.

This year we will be presenting a joint meeting with speakers from **ACNC, CONNECT and ACRA**. We ask for your support by joining us for this unique Symposium - put it in the diary now!

If you haven't registered for the CSANZ ASM - don't forget to nab your early-bird registration before closing on 5 June 2023. [CSANZ ASM Register here.](#)

I am also pleased to share with you some very exciting achievements by fellow nurses including the **Spotlight on Dr Nilufeur McKay, WA**, share **latest journal publications**, who to look out for at **ACNAP** in June, and the **CSANZ ASM** in August plus links to other interesting articles.

Last Friday 5 May, marked **International Day of the Midwife**. The theme this year was ‘Together again: from evidence to reality’ and of course, today, is **International Nurses Day**. We hope the celebration is special for you, and that **Our Nurses Our Future** campaign will shine the light on nurses and on a brighter future for all. Don't forget to share the hashtag #IND2023 far and wide!

Take care, stay safe and we look forward to seeing you in Adelaide for the CSANZ Nurses Symposium, the CSANZ ASM, the ANZET ASM, but most importantly to be able to meet you and catch up face to face in August.

See you there,

Caleb Ferguson

**Chair, CSANZ Cardiovascular Nursing Council
Associate Professor & NHMRC Emerging Leadership Fellow,
University of Wollongong and Western Sydney Local Health District.**

CARDIOVASCULAR NURSING COUNCIL EXECUTIVE

A/Prof Caleb Ferguson (NSW)

Chair, CSANZ Cardiovascular Nursing Council (CNC)

Prof Rochelle Wynne (VIC)

Secretary, CSANZ Cardiovascular Nursing Council

Chris Aldridge (NZ)

Kim Bardsley (QLD)

Dr Dion Candelaria (NSW)

Dr Yingyan Lisa Chen (QLD)

Prof Robyn Clark (SA) - Rep for the CNC on CSANZ Scientific Committee

Rebecca Eddington (NZ)

Prof Liz Halcomb (NSW)

Prof Jeroen Hendriks (SA)

A/Prof Louise Hickman (NSW) - CSANZ Education Committee Member

Dr Julee McDonagh (NSW)

Dr Xiaoyue Luna Xu (NSW)

CONNECT WITH CSANZCNC ON TWITTER

12 MAY 2023 - International Nurses Day | #IND2023



As you know, **International Nurses Day** (IND) is celebrated around the world on Florence

Nightingale's birthday - today, 12 May. The International Council of Nurses (ICN) commemorates this important day each year by choosing a theme and producing IND resources, including fact sheets, posters and ways to celebrate.

[Link to resources here](#) Don't forget to share the hashtag #IND2023.

This year's global campaign centres around **Our Nurses Our Future** looking at the future of nursing post pandemic to address global health challenges and improve global health for all. Translating lessons learnt and putting them into action for the future.

You may be interested in the Global Strategic Directions for Nursing & Midwifery, state of the world's nursing report: **Sustain and Retain in 2022 and Beyond**, that has recently been released by the International Council of Nurses, showing the evidence for change and the call for action.

SEE YOU IN ADELAIDE | CSANZ ASM & ANZET | 3 - 6 AUG 2023



**CSANZ
2023**

71ST ANNUAL SCIENTIFIC MEETING
OF THE CARDIAC SOCIETY OF
AUSTRALIA AND NEW ZEALAND
HOSTED BY CSANZ SOUTH AUSTRALIA

3 - 6 AUGUST 2023 | ADELAIDE CONVENTION CENTRE

WWW.CSANZASM.COM



ANZET23

17th Annual
Australia & New Zealand
Endovascular Therapies Meeting

Thursday 3 August - Sunday 6 August 2023
Adelaide Convention Centre

www.anzet.com.au



Named Lecturers to watch

REGISTER NOW

csanzasm.com
anzet.com.au



Kempson Maddox Lecturer

Patricia Davidson
University of Wollongong, NSW



Cardiovascular Nursing Lecturer

Sally Inglis
University of Technology Sydney, NSW

INTERNATIONAL NURSING SPEAKER FOR 2023 CSANZ ASM

We are delighted to announce that Prof Julie Sanders, Clinical Professor of Cardiovascular Nursing at Queen Mary University of London (FESC) will be in Adelaide to present at the CSANZ ASM in August.

Julie has over 25 years of cardiovascular clinical research experience, with a special interest in recovery after cardiac surgery including morbidity and patient-reported outcomes. She leads nursing and allied professional research and clinical academic career development at St Bartholomew's Hospital, one of the largest CV centres in Europe.

Julie is the current Chair, ESC Association of Nursing and Allied Professions (ACNAP) science committee. She also has roles at the Society of Cardiothoracic Surgery (SCTS) Great Britain and Ireland, The Aortic Dissection Charitable Trust (TADCT), and is a founding member of CONNECT, the Cardiac Surgery International Nursing and Allied Professional Research Network.



Make sure you see her presentations at the 2023 CSANZ ASM in Adelaide including:

- **Thursday 3 August** presenting with Prof Rochelle Wynne to tell us **all about CONNECT**
- **Friday 4 August at 2.25pm** her topic will be ["The value of PROs and shared decision making in CVD"](#)
- **Saturday 5 August at 1.30pm** presenting, ["Multimorbidity and consequences following cardiac surgery"](#)

Take this opportunity to meet Julie and other nursing leaders who will be presenting at the Cardiovascular Nurses Symposium on Thursday afternoon.

REGISTER HERE FOR CSANZ 2023

COLLAB 2023 NURSING SYMPOSIUM | THURSDAY 3 AUGUST 2023



SYMPOSIUM PROGRAM

- Program will include:
- + Nurse Practitioner Prescribing Session
 - + Australasian Cardiovascular Nursing College Workshop
 - + ACRA - What's Hot!
 - + Introduction to CONNECT - featuring international speaker Prof Julie Sanders (UK)
 - + Cardiovascular Nursing Council AGM

**REGISTER FOR
CSANZ/ANZET 2023**

Thursday's Nurses Symposium is included in your CSANZ/ANZET registration fee, we look forward to seeing you in Adelaide and thank you for your support!



We are thrilled to be presenting a new format for the **CSANZ Cardiovascular Nurses Symposium 2023**. This year we invite you to a combined session with invited speakers from ACNC, CONNECT and ACRA ~ a collaborative Nurses Symposium. See the program above, there's something for everyone, and closing with the 2023 Cardiovascular Nursing Council AGM.

Don't forget CSANZ MEMBERS can enjoy the benefit of a **REDUCED REGISTRATION FEE** for the CSANZ ASM or the combined Meeting registration with ANZET2023.

csanzasm.com

anzet.com.au

THE INTERVENTIONAL NURSES COUNCIL SYMPOSIUM

We look forward to presenting the Interventional Nurses Council Symposium at the CSANZ ASM as well. It will be held on the morning of Thursday 3 August, 2023 in Adelaide, prior to the start of the Scientific Meeting.

Full details of their program will be released shortly.

SPOTLIGHT ON | Dr Nilufeur McKay, DNP, RN, ANP-BC, Grad Cert (Edu)

Dr Nilufeur McKay, Senior Lecturer, Course coordinator, Master of Nursing (Nurse Practitioner) Program at Edith Cowan University, Cardiology Nurse Practitioner, Omni Corde Rhythm Services, WA, CSANZ ASM Scientific Committee Multidisciplinary Stream Representative for 2024 in Perth.

A career in nursing has provided me the opportunity to travel and work in some of the most prestigious international healthcare institutions. In 2000, I completed my Bachelor of Science (Nursing) at Curtin University and took my very first job at Royal Perth Hospital in the Cardiothoracic surgery unit and later progressed to the Coronary Care unit. At that early stage, I knew advanced heart failure and transplant was an area I wanted to learn more about. In 2003, I sat the NCLEX licensure exam and ventured over to Arizona, USA.

In 2005, I started my Master of Nursing (Adult Nurse Practitioner) degree at Arizona State University while working in a surgical ICU taking care of post op cardiac surgery patients. The experience of working in a critical care setting managing labile haemodynamic and labile cardiothoracic surgeon prepared me well for my career as a cardiology nurse practitioner (NP)!

[Read her full story here](#)



NZ ASM 15-17 JUNE 2023 | AOTEA CENTRE | AUCKLAND



The NZ ASM is full of interesting topics and sessions to be excited about. Some highlights include:

Thursday 15 June: NURSES SYMPOSIUM

"*Making a difference – growing roles for nurses in cardiac disease*" presentation by Prof Sally Inglis.

Dr Jennifer Roberts discussing *equity in cardiac nursing*. Rebecca Eddington will present on "*Rapidly aging population and CV nursing role*" and Murray Hart and Grace Whitaker will talk about the "*Growing role of the Structural Heart Nurse*".

Mid morning you'll see an interesting session with presenters Sarah Rossiter and Zara Diedrichs-Farnan on "*More than Cardiac Rehabilitation Te Hōtaka Manawa Ora – extending our reach with an innovative, nurse-led model for heart health and recovery*". Plus Paul Marshal discussing *resistance exercise in cardiac rehab*.

The **AGM** will be held from 12.45pm where EOI's will be going out for positions on the Council and in the evening network with **NP/CNS Senior Nursing session** for researchers, innovators and mentors.

Friday 16 June: HIGHLIGHTS

Directly after the Official Opening will be the **Heart Foundation Lecture presented by Dr Corina Grey**, Public Health Physician, Manatu Hauora Ministry of Health / The University of Auckland. Followed by the exciting **Affiliate and Nurse Investigator Prize** session. Friday evening get set for the **Gala Dinner**.

Saturday 17 June: "Battle of the Districts"

[Click here to view the NZ ASM Speakers, Program and Register for June](#)

GOOD LUCK FOR ACNAP 2023 | 23 - 24 JUNE 2023

This year's annual congress of ACNAP is going to be well represented by our strong team from downunder.

Congratulations to Joseph Weddell, who has been awarded with the CSANZ ACNAP Travelling Fellowship for the 2023 Congress. Good luck and we'll look forward to hearing all about it on your return from Edinburgh.

Good Luck to all of our CSANZ nurses and researchers presenting at ACNAP 2023.

- Dr Dion Candelaria, University of Sydney, NSW
- Prof Robyn Clark, Flinders University, SA

- Dr Georgia Chaseling, University of Sydney, NSW
- Prof Jacqueline Colgan, Gosford Hospital, NSW
- A/Prof Caleb Ferguson, University of Wollongong, NSW
- Prof Robyn Gallagher, University of Sydney, NSW
- A/Prof Jeroen Hendriks, Flinders University, SA
- Anita Lymn, Flinders Medical Centre, SA
- Andy Mclachlan, Middlemore Hospital, Auckland
- Dr Lemma Negesa Bulto, Flinders University, SA
- Prof Julie Redfern, University of Sydney, NSW
- Wendan Shi, University of Sydney, NSW
- Dr Nicola Straiton, University of Sydney, NSW
- Joseph Weddell, University of Sydney NSW
- Prof Rochelle Wynne, Royal Melbourne Hospital, VIC
- Dr Ling Zhang, University of Sydney NSW
- Emma Zhao, University of Sydney NSW

Find out more about their presentations and posters in the program link below (search by name).

**ACNAP PROGRAM
REGISTER NOW**



Congratulations

Joseph Weddell
awarded the
CSANZ Travelling Fellowship
to ACNAP 2023



ACNAP
Association of Cardiovascular
Nursing & Allied Professions

ACNAP 2023

Annual Congress of the Association of Cardiovascular Nursing and Allied Professions

23-24 JUNE

**EDINBURGH,
SCOTLAND**



#ACNAP2023



ACNC 2023 12th Annual Cardiovascular Nursing Conference



Pictured: (L-R) Anita Lymn (PhD student & Clinician, SA), A/Prof Caleb Ferguson (Chair, Cardiovascular Nursing Council, UOW & WSLHD), Prof Robyn Clark (Flinders Uni), Jacqueline Colgan (Central Coast Cardiology CNC and ACNC President), and Adjunct Professor Rochelle Wynne (UOW: Nursing, CNC, Royal Melbourne & Secretary of the Cardiovascular Nursing Council).

The Australasian Cardiovascular Nursing College (ACNC) held their 12th annual Cardiovascular Nursing Conference at the Kirribilli Club in Sydney from 31 March to 1 April 2023. The symposium was well attended with over 90 registrants and a program that provided an excellent mix of acute-care focused updates and clinical workshops.

At the pre-symposium workshop on Friday afternoon attendees had the privilege of hearing from eminent experts in structural heart disease and left ventricular devices (LVADs). NSW TAVI Coordinators shared their experiences and insights associated with the management and treatment of an ever increasingly complex cohort of patients requiring aortic or mitral valve intervention. This was followed by an update on LVADs and a glimpse of what is to come for patients waiting transplantation. Participants were treated to some fabulous finger food and drinks as they networked in the lounge while the sunset over the harbour.



Saturday's program kicked off with a thought-provoking session on inclusivity in cardiovascular research followed by updates on the management of heart failure, acute coronary syndrome, Tele-ECG, what's 'hot' in research and an overview of the ACNC Cardiovascular Nursing Standards. An interactive afternoon of echo interpretation, rhythms and challenging clinical conditions was topped off with focused workshops, prizes, and more networking.

We look forward to what's to come in 2024 and continuing to strengthen our ties with **ACNC** and **CONNECT** to meet the needs of our members.

SPOTLIGHT ON PUBLICATIONS | HLC JOURNAL JAN 2023

Heart, Lung and Circulation (2023) 32, 1-3
1443-9506/22/836.00
<https://doi.org/10.1016/j.hlc.2022.12.009>

EDITORIAL

Environment, Climate and Cardiovascular Health: What We Know, What We Need to Know and What We Need to Do



Julie Redfern, BAppSc, PhD^{a,*},
Ann T. Gregory, MBBS, GradCertPopHealth^b,
Jai Raman, MMed, PhD^{c,d,e,f,g}, Gemma A. Figtree, MBBS, DPhil (Oxon)^{h,i},
Anna Singleton, MSc, PhD^{a,2}, A. Robert Denniss, MD, MSc^{b,h,i},
Caleb Ferguson, PhD¹

Heart, Lung and Circulation (2023) 32, 16-25
1443-9506/22/836.00
<https://doi.org/10.1016/j.hlc.2022.10.007>

CALL TO ACTION

Cardiovascular Nursing and Climate Change: A Call to Action From the CSANZ Cardiovascular Nursing Council



Sally C. Inglis, PhD^a, Caleb Ferguson, PhD^{b,c,m},
Rebecca Eddington, MHIth^b, Julee McDonagh, PhD^d, Chris J. Aldridge^{e,f},
Kimberley Bardsley^g, Dion Candelaria, MN^h, Y.Y. Chen, PhD^h,
Robyn A. Clark, PhDⁱ, Elizabeth Halcomb, PhD^{b,j},
Jeroen M. Hendriks, PhD^k, Louise D. Hickman, PhD^l,
Rochelle Wynne, PhD^{b,n,s}

Heart, Lung and Circulation (2023) 32, 4-7
1443-9506/22/836.00
<https://doi.org/10.1016/j.hlc.2022.12.010>

EDITORIAL

Moving From Rhetoric to Real Climate Action: Making a Difference for a Sustainable Planet



Caleb Ferguson, PhD^a, Patricia M. Davidson, PhD
University of Wollongong, Wollongong, NSW, Australia



You can access these articles on the links below for **Heart, Lung and Circulation (HLC) Journal Online** using your **CSANZ login**.

[Environment, Climate and Cardiovascular Health: What We Know, What We Need to Know and What We Need to Do](#)

[Moving From Rhetoric to Real Climate Action: Making a Difference for a Sustainable Planet](#)

[Cardiovascular Nursing and Climate Change: A Call to Action From the CSANZ Cardiovascular Nursing Council](#)

OTHER INTERESTING READS:

***IPCC 6th report release - media release 20 March 2023**

**The Intergovernmental Panel on Climate Change (IPCC) is the United Nations body for assessing the science related to climate change.*

[Aust College of Nursing Link - Carbon Emissions](#)

CONTACT US

CSANZ always like to highlight the importance of the role of nurses and allied professionals in patient care by sharing the challenges and lessons learned.



If you have a story to share please **email** the text and images to the CSANZ office.

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